

# Non-sulfonylurea insulin secretagogues

<b>Type of drug</b>	Non-sulfonylurea insulin secretagogues (Meglitinide)
<b>How does it work?</b>	Helps the pancreas to make more insulin (short acting)
<b>Typical names</b>	Nateglinide (Starlix®), Repaglinide (Gluconorm®)
<b>Usual doses</b>	<ul style="list-style-type: none"> <li>• Nateglinide 60 - 120 mg three times per day before meals</li> <li>• Repaglinide 0.5 - 4 mg taken before meals</li> </ul>
<b>Dosing instructions</b>	<ul style="list-style-type: none"> <li>• Take Nateglinide/ Repaglinide before meals as directed by your health care provider</li> <li>• Skip a dose if you skip a meal</li> <li>• Take an extra dose if you add a meal</li> </ul>
<b>What if I forget a dose?</b>	If you miss a dose that you intended to take, ask your healthcare provider
<b>A1C lowering</b> (↓ = least, ↓↓↓ = most)	↓↓ Repaglinide ↓ Nateglinide
<b>Effect on weight</b>	↑
<b>Risk of low blood sugar</b> (hypoglycemia)	Yes
<b>Medication considerations and/or side effects</b>	May cause low blood sugar (but less risk of lows than Sulfonylureas)
<b>When to call your doctor</b>	<ul style="list-style-type: none"> <li>• You have many low blood sugar reactions or have trouble dealing with them contact your health care provider</li> <li>• You develop any severe side effects and any negative changes in your overall health talk to your health care provider</li> </ul>
<b>When you are sick</b>	<ul style="list-style-type: none"> <li>• You are sick, vomiting, have diarrhea, or cannot drink enough fluids, you should stop this medication until these symptoms go away</li> <li>• Check your blood sugar levels more often, and drink lots of fluids so you do not become dehydrated</li> </ul>
<b>Cost</b> (\$ = lowest, \$\$\$\$ = highest)	\$ – \$\$